



It is called the 'golden hour.' One hour is the period of time in which the majority of critically injured patients can be saved with surgical intervention. Only 60 short minutes to receive the 911 call, dispatch an ambulance, transport the victim to the trauma center, gather the surgical team and perform life-saving surgery.

'Take Me To Labette Health'

Labette Health Becomes Kansas' First and Only Level III Trauma Center

Trauma is the leading cause of death among those under 44 years of age. Traumatic injury accounts for about 140,000 deaths each year, and many times that number are disabled. Direct medical costs and loss of earnings due to disability and death account for about \$300 billion in economic costs each year, making injuries America's most costly health issue.

Cars will crash. Ladders will slip. Accidents will happen. The only unknowns are when, where and to whom. By maintaining around-the-clock readiness, trauma centers play a critical role in saving the lives of seriously injured patients. Even patients transferred to Level I and Level II Trauma Centers from Level III facilities have been shown to have better outcomes than those transferred from general hospitals.

Labette Health is one of only six trauma centers in Kansas - the only one in Southeast Kansas - and the state's first and only Level III trauma center. Level I trauma centers, which are affiliated with teaching hospitals, are in Wichita and Kansas City. Level II trauma centers are in Topeka and Overland Park.

As a Level III Trauma Center, designated by the Kansas

Department of Health and Environment and verified by the American College of Surgeons (ACS), Labette Health has demonstrated a commitment to providing the highest quality trauma care for all injured patients. This commitment runs throughout the hospital, from our award-winning EMS service to our dedicated rehabilitation team.

"We are extremely proud of our Level III status," President and Chief Executive Officer William Mahoney said. "Although we have been providing this level of emergency trauma care for some time, this verification confirms that we are much more than a general rural hospital. We are in an elite class of facilities that can take care of more types of patient emergencies. Our trauma team and medical staff members deserve a lot of credit for this distinction."

The ACS verification was the result of a site visit by a team of trauma surgeons August 26 and 27. For Labette Health ER/Trauma Coordinator Tereasa Demerit, R.N., B.S.N., the official notification was a happy ending to a process that began in November 2007. An initial consultation with the ACS review

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Profiles:

Labette Health Welcomes New Providers, Adds Clinics to Serve Area Patients

Kelly Gorman, M.D.

Specialty: Pediatrics

Hometown: Parsons, Kan.

Medical School: Kansas University School of Medicine

Residency: Chief Resident of Pediatrics, Florida State University College of Medicine, Sacred Heart Hospital, Pensacola, Fla.

You should know: Both Dr. Gorman and her husband, Trenton, grew up in Parsons and attended Parsons High School. Dr. Gorman is the daughter of Dan and Doris Sweeney, and Trenton is the son of Bill and Sandy Gorman. Dr. Gorman received a bachelor's degree in Spanish and spent a summer studying in Mexico.

Office: Dr. Gorman has moved to a clinic in the new Medical Office Building. Her number is 620-820-5800.



Denise Huskey, M.D.

Specialty: Family Medicine

Hometown: Andover, Kan.

Medical School: Kansas University School of Medicine

Residency: Via Christi Family Medicine Residency

You should know: During her residency in Wichita, Dr. Huskey was a researcher in a clinical assessment program in diabetes management and made presentations on the topic. She received a bachelor's degree from Wichita State University. Dr. Huskey and her husband, Steven, live in Parsons.

Office: Dr. Huskey has moved to a clinic in Labette Health's new Medical Office Building. Her number is 620-820-5800.



Stanley Handshy, M.D.

Specialty: Family Medicine with Obstetrics

Residency: Family Practice, Goppert Family Care Center, Kansas City, Mo.

You should know: Dr. Handshy practiced medicine in Erie, Kan., from 1982 through 1993. He also practiced in New Braunfels, Texas, for 10 years, served as medical director of a hospital in Ganado, Ariz., from 1999 through 2001, and practiced in Fredonia and Chanute from 2001 through 2007. Most recently, he practiced in Tahlequah, Okla.

Office: Dr. Handshy is at Erie Medical Clinic weekday mornings and at an office on the Labette Health campus weekday afternoons and Saturday mornings. The Erie telephone number is 620-244-3291. The Parsons office number is 620-421-1800.

Coming Home: Scott Fox Returns to Operate New Cherryvale Clinic

Labette Health has opened a new medical clinic at 209 East Main in Cherryvale, Kan. The clinic will be operated by Scott Fox, A.R.N.P., and Heather Boss, R.T.R.

Fox, who was previously a flight nurse with Eagle Med Air Transport in Joplin, Mo., grew up in Cherryvale and moved back there several years ago. His wife, Teri, also a Cherryvale native, teaches second grade at Lincoln Central Elementary, and the couple have two children, Carley and Landon.

Fox received a bachelor's degree in nursing and completed a master's degree as a family nurse practitioner, graduating *cum laude* from Pittsburg State University in May. ■



Foundation Raises \$113,000 during 'Destination Voyage' Gala

On October 24th two hundred attendees showed their commitment to the health of our community at Labette Health Foundation's fundraising gala, Destination Voyage. The sold-out Cruise-themed event was held in the new Medical Office Building and included entertainment, socializing and fabulous food.

Emcee of the evening was Parsons native and KSN Chief Meteorologist Gary Bandy. Gary, along with Brian West, Foundation Board President and William Mahoney, Labette Health President/CEO, presided over an exciting agenda of fundraising opportunities which yielded the Foundation a grand total of \$113,563.00.

Included in the evening was the announcement of the Health Care Heroes award recipients. The Health Care Heroes competition, sponsored by Labette Health and *The Parsons Sun* awarded two recipients, one in each of the categories of Health Care Provider (Physician/Nurse/Non-Physician) and Professional Staff/Volunteer/Community Outreach. Receiving the award in the Health Care Provider category was Dr. Ronald Finley, DDS. The award recipient of the Professional Staff/Volunteer/Community Outreach division was Labette Community College Allied Health Care Programs.

Event attendees also took part in a Patient Room Challenge as part of the evening's festivities. Sponsors and those attending the event were given the opportunity to have a room named after them for a \$5000 donation, commemorated with a brass plaque on the wall outside the hospital room. A special thank you to Commercial Bank for being the first to sponsor two patient rooms. Also sponsoring rooms were Murray Company, Health Facilities Group, LaForge & Budd, the Beachner Family, the Babcock Family, The Labette Health Auxiliary, Norma Jean Seaton and KSN-TV.

Brian West stated that this is the largest amount of money ever raised for a fundraiser at Labette Health and will contribute greatly to much needed medical necessities and room renovations. Labette Health Foundation is dedicated to providing funding to support programs centered around the mission of Labette Health. ■



Whatever Happened to the 8% CD?

Many of you probably remember when high interest rates provided a generous income flow, at times well above 8% for a simple Certificate of Deposit. As interest rates have fallen in recent years so has your income. Here is an idea that may provide a boost in annual cash flow to you as well as provide for Labette Health Foundation.

A Charitable Gift Annuity (CGA) pays a fixed and guaranteed income to you for the remainder of your life. The payout rate is based on your age – the older you are the higher the payout rate. **Based on current rates a donor in their 80s today can get a payout on a CGA of between 7.0% - 9.5%.** Because the Labette Health Foundation receives whatever is leftover after your payments cease, you also receive a tax deduction this year. With a CGA you can do well for yourself and do a good thing for our community at the same time.

If you would like more information about how a CGA might work for you please call Rod Landrum at 620-820-5243. ■

Briefly...

Within a single week, the Labette Health Laboratory passed two important inspections with flying colors. Inspectors from both the College of American Pathologists Laboratory Accreditation Program and the American Association of Blood Banks visited Labette Health in early October.

"The surveyors commented on the outstanding policies and procedures we had in place and were impressed with the nurses' knowledge of blood-banking policies," said Deb Smart, R.T.(R), director of clinical support services. The Labette Health Blood Bank is under the supervision of section head Carolyn Green, MT (ASCP), SBB, and Medical Director James Welch, M.D. The Blood Bank was officially reaccredited by the American Association of Blood Banks through Dec. 31, 2011.



Labette Health has received a five-star ranking in an annual Community Value Index (CVI) study of some 3,000 U.S. hospitals conducted by Cleverley + Associates, an Ohio-based healthcare data and consulting firm. The results were contained in the 2009 edition of the firm's "State of the Hospital Industry" statistical report released recently.

The CVI is composed of 10 measures that assess a hospital's performance in four areas: financial viability and plant reinvestment; hospital cost structure; hospital charge structure; and hospital quality performance.

Level III Trauma...

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team showed a number of areas that were targeted for improvement, and Demerrit coordinated efforts to ensure that those needs were met.

"It involved the entire house," Demerrit said. "Trauma care starts with EMS and the Emergency Department, but it involves the entire facility. We took an integrative approach, and my role as Trauma Coordinator was working behind the scenes, assisting in writing policies and procedures and developing the performance-improvement process." ■



Dedicated to Defeating DIABETES

Dreams do come true, especially if you bring together the right combination of resources, knowledge, dedication and energy and then apply a dash of inspiration and a lot of hard work.

The Rector Diabetes Education and Resource Center on the Labette Health campus is such a dream. It began when Rhett May was diagnosed with Type 1 diabetes at the age of two. His grandparents, Jacque and Kelly Rector of Parsons, were disappointed in the amount and quality of diabetes-related information available to caregivers, educators and others who might be part of Rhett's life.

Working with Dr. Manish Dixit, a pediatrician, and a Labette Health committee, the Rectors developed a vision of a facility that could make an impact on the spread of diabetes by educating those most at risk — children. The vision was shared with allies in the battle against diabetes, including Children's Mercy Hospital in Kansas City, and the excitement grew. A generous donation from the Rectors to the Labette Health Foundation funded construction of a home for the vision.

The result of their efforts was a 2,000-square-foot building that contains classroom space and a demonstration kitchen, plus a vibrant mix of high-tech fitness equipment and interactive media kiosks. The new facility was dedicated November 17.

"Lifestyle changes are best made in young age groups," Dr. Dixit said. "We have to invest in the

The Rector Diabetes Center was funded by a grant from the Rector family to the Labette Health Foundation. Kelly Rector (near left) and Foundation President Brian West displayed the dedication plaque while Jacque Rector talked with keynote speaker Peter Savage, M.D., senior scientific advisor in the National Institutes of Health.



During the Nov 17 dedication ceremonies, the project's Medical Director, Manish Dixit, M.D., and Rector Center Director Shellie Collins, R.N., C.P.F.T., (above) welcomed visitors to the newest addition to the Labette Health campus. Fifth-graders from three Parsons elementary schools (top left) had a chance to explore the center and try out the Batak Lite exerciser. Labette Health Registered Dietitian Reno Jain (left) showed off the Center's demonstration kitchen and a healthy cookbook created for dedication guests.

health of our community by controlling obesity and future diabetes."

Studies show that conditions such as adult heart disease and atherosclerosis originate in childhood, Dr. Dixit said, noting that children between ages five and 17 with a body mass index (BMI) greater than the 85th percentile are 2.4 times more likely to have high cholesterol, three times more likely to have high LDL, 3.4 times more likely to have more HDL, 7.1 times more likely to have high triglycerides and 4.5 times more likely to have high blood pressure.

"Not only will the Rector Center be a place for children at risk of developing diabetes to come to learn how to live a more healthy lifestyle with our library and interactive games, we have access to Labette Health's new medical-based fitness facility, The CORE, for ongoing fitness programs," said Shellie

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CORE Strength:

*World's Greatest Strongman
Helps Launch New Rehabilitation,
Fitness and Aquatics Facility*



Labette Health's new Center of Rehabilitation Excellence (The CORE) houses outpatient rehabilitation, a medical-based fitness center and an aquatic therapy and fitness facility with not one but two pools, all under one roof. What could be better?

Maybe having Bill Kazmaier, three-time world's strongest man – a guy who pulls loaded school buses and crushes frying pans for fun – on hand for the opening.

Although Labette Health's team of outpatient rehabilitation specialists made the move across the parking lot and began seeing patients in the new facility before Thanksgiving, the actual ribbon-cutting ceremony and open house was not held until December 15. Kazmaier who is a spokesman for StarTrac Fitness, the company that provided much of the equipment for the medical-based fitness center, visited area schools and talked with students as well as helping cut the ribbon to officially open the new facility.

The CORE's Medical Fitness Center, following Medical Fitness Association guidelines, is designed for those who would otherwise not join a gym or fitness center – the “other 80 percent.” The CORE offers a state-of-the-art exercise facility with medical oversight that addresses each member's individual needs through medical screening, educational resources and continued health risk monitoring. To qualify for fitness-center

membership, you must have one or more of the following areas of need:

- Body Mass Index (BMI) greater than 25;
- Blood pressure higher than 140 systolic over 90 diastolic;
- Cholesterol levels greater than 300 mg/dL;
- Triglyceride levels greater than 350 mg/dL;
- Glucose levels greater than 200 mg/dL;
- Be post-rehab, having been dismissed from therapy with your physician's approval to participate.

The CORE offers the only year-round aquatic facility in the Parsons area, with two separate swimming pools. Membership to the Aquatic Fitness Facility is separate from the medical fitness-center membership. Aquatics programs are staffed by certified aquatic providers and certified lifeguard staff are on duty during all pool activity.

Aquatics programs at The CORE include water aerobics classes, arthritis classes, pre- and post-natal swim classes, learn-to-swim classes, and lifeguard training, as well as personal aquatics instruction. A physician's waiver is required for participants in the water aerobics, arthritis and pre- and post-natal swim classes. ■



For more information
Medical Fitness Center:
620-820-5910
Aquatics Fitness Center:
620-820-5909

Rector Diabetes Center... *Continued from page 4*

Collins, R.N., C.P.F.T., who was named director of the Center. “We not only want to educate the people of the community, we want to inspire them. It is about changing the way we live at the foundational levels for a brighter, healthier future.”

Collins is currently leading screening teams in compiling body-mass index statistics on several hundred area children in grades two through five. A pilot study a year ago showed higher-than-average levels of obesity, which has been shown to be a factor in the onset of type 2 diabetes later in life. Early results of this year's screenings indicate that approximately 40 percent of the students screened are overweight — at or above the 85th percentile.

“Thanks to the Rector family's generosity, Labette Health has been able to create a rural model that can be effective

not only in educating people about diabetes but hopefully providing an example that can be duplicated in rural areas throughout the country,” said William Mahoney, Labette Health President and CEO.

At the dedication ceremony, keynote speaker Peter Savage, M.D., senior scientific advisor in the Division of Diabetes, Endocrinology and Metabolic Diseases of the National Institutes of Health, praised Labette Health's efforts in developing the Rector initiatives and educating the public about diabetes-related issues. “There's no way to replace the educated patient,” he said.

“This gift will have an impact far beyond the families whose lives will be improved in our own community,” Mahoney said. “The goals of the Rector Diabetes Center are high, but so are the consequences if diabetes remains unchecked.” ■

- **Labette Health is the state's only Level III Trauma Center**
- **Foundation Gala raises \$113,000 during 'Destination Voyage' Cruise.**
- **The Rector Center is dedicated to defeating diabetes.**
- **CORE Strength — world's greatest strongman helps launch Center of Rehabilitation Excellence.**
- **New physicians, providers and clinics.**

New Medical Office Building Opens

With the opening of the new Medical Office Building, Labette Health's Family Practice physicians are now together in one convenient location, and several other practices have new telephone numbers. Here's a listing of the first physicians to move into the new facility.

Family Practice Clinic Suite 101 • 620-820-5800

Jimmy Buller, D.O.
Kelly Gorman, M.D.
(Pediatrics)

Jed Hetlinger, M.D.
Denise Huskey, M.D.
Andrea Willhite, D.O.
Lindsay Kloer, P.A.-C.
Jill Pool, P.A.-C.

Physiatry Suite 201 • 620-820-5545

Bradley Davis, M.D.
Beth Shelton, M.D.

General Surgery Suite 300 • 620-820-5840

Michael Bolt, M.D.

Internal Medicine Suite 301 • 620-820-5830

Michael Shaw, D.O.

